

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activity Opportunities December 2018

Green Hills Manor
at The Heritage
Managed by Life Care Services™



9:30 Catholic Communion Service-AR (SP) **2**
 10:45 Church Service-AR(SP)
 1:30 Movie Matinee-AR(SO)
 6:00 Bible Study-AR(SP)

9:30 Coffee Klatch-AR(I) **3**
 10:30 Fitness with Mark-AR(P)
 11:00 Hanukkah True or False AR(I)
 1:30 Prize Bingo-AR(SO)
 3:15 Celebrating Hanukkah-AR (SP)
 6:30 Exeter Community Chorus-AR(SO)
 8:15 Eagles Game-1FL(SO)



First Day of Hanukkah

9:30 Therapy Dog Grappa Visits-AR(E) **4**
 10:00 Coffee Klatch-AR(I)
 10:30 Craft: Yule Log Party Favor-AR(E)
 1:30 Holiday Music with Santa Clause Steve Walker-AR(SO)
 3:00 Chair Challenge-AR (P)
 3:45 Hugs Matter-AR(H)

Cookie Day

9:30 Sight and Sound to see JESUS meet in L(SP) **5**
 10:30 Fitness with Mark-AR(P)
 6:15 Movie Night with Pat-AR(SO)

Happy Birthday Richard!

9:30 Therapy Dog Betty Visits-AR(E) **6**
 10:00 Coffee Klatch-AR(I)
 11:00 Men and Christmas-AR(I)
 1:30 Exercise-AR(P)
 2:00 Cookie and Cupcake Decorating with Grace and Family with Heritage Friends-AR(E)
 6:30 Puzzle Time-AR(I)

9:30 Coffee Klatch-AR(I) **7**
 10:30 Exercise-AR(P)
 11:00 YouTube & You-1FL (SO)
 1:30 Prize Bingo-AR(SO)
 3:15 Armchair Travel- Home Sweet New Home-AR(I)

Pearl Harbor Day

9:30 Coffee Klatch-AR(I) **8**
 10:30 Chair Challenge-AR(P)
 11:00 December Puzzles-AR(I)
 1:30 Wii Games-AR (P)
 3:00 Junk Drawer Detective-AR (I)
 7:00 Lawrence Welk-1FL(SO)

9:30 Catholic Communion Service-AR (SP) **9**
 10:45 Church Service-AR(SP)
 1:30 Movie Matinee-AR(SO)
 4:25 Eagles Game-1FL(SO)
 6:00 Bible Study-AR(SP)

9:30 Coffee Klatch-AR(I) **10**
 10:30 Fitness with Mark-AR(P)
 11:00 Singalong with Heritage Singers-AR(SO)
 1:30 Prize Bingo-AR(SO)
 3:15 Picture It - Can You See the Big Picture?-AR (I)
 Happy Birthday Floretta!

9:30 Therapy Dog Grappa Visits-AR(E) **11**
 10:00 Coffee Klatch-AR(I)
 10:30 Craft: Buttoned-Up Greetings-AR(E)
 1:30 Music Entertainment by Mike Hertzog and wife-AR(SO)
 3:00 Chair Challenge-AR (P)
 3:45 Holiday Poetry-AR(E)
 6:15 Movie Night with Pat-AR(SO)

9:30 Coffee Klatch-AR(I) **12**
 10:30 Fitness with Mark-AR(P)
 11:00 Holiday Music Trivia-AR(I)
 1:15 Walking Club-meet in 1FL(P)
 2:30 Prize Bingo-AR(SO)

9:30 Therapy Dog Betty Visits-AR(E) **13**
 9:45 Coffee Klatch-AR(I)
 10:00 Shopping Trip-Target -Meet in L(V)
 10:45 Theme Trivia-AR(I)
 1:30 Chair Challenge-AR(P)
 2:00 Cards and Games with Heritage Friends-AR(I)
 3:30 Twin Valley FFA Pet Visits-AR(EN)
 6:30 Puzzle Time-AR(I)

9:30 Govern Mifflin School Choir and Orchestra Performance-DR **14**
 11:00 Hymn Sing with Diane-AR(SP)
 1:30 Prize Bingo-AR(SO)
 3:15 Jeopardy Trivia-AR(I)

9:30 Coffee Klatch-AR(I) **15**
 10:30 Chair Challenge-AR(P)
 11:00 Random Trivia-AR(I)
 1:30 Baking Class-Rolo Pretzel BitesAR(V)
 7:00 Lawrence Welk-1FL(SO)

9:30 Catholic Communion Service-AR (SP) **16**
 10:45 Church Service-AR(SP)
 1:30 Movie Matinee-AR(SO)
 6:00 Bible Study-AR(SP)
 8:20 Eagles Game-1FL(SO)

9:30 Coffee Klatch-AR(I) **17**
 10:30 Fitness with Mark-AR(P)
 11:00 What Am I?-AR(I)
 1:30 Prize Bingo-AR(SO)
 3:15 Travelogue- Deep in the Heart of Texas: San Antonio-1FL (I)

9:30 Therapy Dog Grappa Visits-AR(E) **18**
 10:00 Coffee Klatch-AR(I)
 10:30 Craft: Solstice Symbols Door Décor-AR(E)
 1:30 December Birthday Party with Music by Karl Hausman-AR(SO)
 3:00 Chair Challenge-AR (P)
 3:45 Cranium Crunches-AR(I)
 6:15 Movie Night with Pat-AR(SO)

9:30 Coffee Klatch-AR(I) **19**
 10:30 Fitness with Mark-AR(P)
 11:00 Uno Card Game-AR(I)
 12:15 Resident Council-DR(V)
 1:15 Scenic Drive with Treat Stop-meet in L(E)

9:30 Therapy Dog Betty Visits-AR(E) **20**
 9:45 Coffee Klatch-AR(I)
 10:45 What's Red and White and Very Light?-AR(SO)
 1:30 Chair Challenge-AR(P)
 2:00 Cards for St. Jude's with Heritage Friends-AR(V)
 3:30 Twin Valley FFA Craft Time-AR(E)
 6:30 Puzzle Time-AR(I)
 Happy Birthday Ruth!!

9:30 Coffee Klatch-AR(I) **21**
 10:30 Exercise-AR(P)
 11:00 Rosary with Rodney-AR(SP)
 1:30 Prize Bingo-AR(SO)
 3:15 Celebrating Winter Solstice-AR(I)



Winter Begins

9:30 Coffee Klatch-AR(I) **22**
 10:30 Chair Challenge-AR(P)
 11:00 Winter Mining-AR(I)
 1:30 Family Yuletide Party with Lorri and James-DR(SO)
 7:00 Lawrence Welk-1FL(SO)

9:30 Catholic Communion Service-AR (SP) **23**
 10:45 Church Service-AR(SP)
 1:00 Eagles Game-1FL(SO)
 1:30 Movie Matinee-AR(SO)
 6:00 Bible Study-AR(SP)

8:00 Breakfast with Santa-DR(SO) **24**
 9:30 Coffee Klatch-AR(I)
 10:30 Fitness with Mark-AR(P)
 11:00 Winter Hangman-AR(I)



Christmas Coloring Pages And Christmas Puzzles-available in AR **25**



Christmas Day

9:30 Coffee Klatch-AR(I) **26**
 10:30 Fitness with Mark-AR(P)
 11:00 The Gift of the Christmas Cactus-AR(EN)
 1:15 Walking Club-meet in 1FL(P)
 2:30 Prize Bingo-AR(SO)



KWANZAA

9:30 Therapy Dog Betty Visits-AR(E) **27**
 10:00 Shopping Trip- Wyomissing Farmers Market -meet in L(SO)
 1:30 Chair Challenge-AR(P)
 2:30 Holiday Party with Heritage Friends-AR(SO)
 6:15 Holiday Lights Mini-Tour Drive-meet in L

9:30 Coffee Klatch-AR(I) **28**
 10:30 Exercise-AR(P)
 11:00 Hymn Sing with Diane-AR(SP)
 1:30 Prize Bingo-AR(SO)
 3:15 Bah! Humbug! Card Game-AR(SO)

Card Playing Day

9:30 Coffee Klatch-AR(I) **29**
 10:30 Chair Challenge-AR(P)
 11:00 Sounds of the Season Songbook-AR (SO)
 1:30 Welcome Social-AR(SO)
 3:00 Fishwrapper-AR(SO)
 7:00 Lawrence Welk-1FL(SO)
 Happy Birthday Lorraine!

9:30 Catholic Communion Service-AR (SP) **30**
 10:45 Church Service-AR(SP)
 1:00 Eagles Game-1FL(SO)
 1:30 Movie Matinee-AR(SO)
 6:00 Bible Study-AR(SP)

9:30 Coffee Klatch-AR(I) **31**
 10:30 Fitness with Mark-AR(P)
 11:00 Mixed-Up New Year's Eve-AR(I)
 12:00 Noon Year-DR(SO)
 1:30 Prize Bingo-AR(SO)



New Year's Eve

Dimensions of Wellness:

SO-Social, P-Physical,
 I-Intellectual, E-Emotional, V-Vocational, SP-Spiritual
 H-Health Services, EN-Environmental

Locations:

AR- Activity Room, DR-Dining Room, L-Lobby, 1FL-First Floor Lounge, O-Outside

