

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019 Activity Opportunities



9:30 Catholic Communion Service-AR (SP) **3**
 10:45 Church Service-AR(SP)
 1:30 Movie Matinee-AR(SO)
 6:00 Bible Study-AR(SP)

9:30 Coffee Klatch-AR(I) **4**
 10:30 Fitness with Mark-AR(P)
 11:00 Switzerland Scavenger Hunt-AR (I)
 1:30 Prize Bingo-AR(SO)
 3:15 Let the Good Times Roll!-AR(I)

9:30 Therapy Dog Grappa Visits-AR(E) **5**
 10:00 Coffee Klatch-AR(I)
 10:30 Craft: Sun Catchers-AR(E)
 3:00 Chair Challenge-AR (P)
 1:30 Ken Gehret Entertains-AR(SO)
 3:00 Chair Challenge-AR (P)
 3:45 Mardi Gras: What a Mess!-AR(I)
 6:15 Movie Night with Pat-AR(SO)

9:30 Coffee Klatch-AR(I) **6**
 10:30 Fitness with Mark-AR(P)
 11:00 Ash Wednesday Service-AR(SP)
 1:15 Walking Club-meet in 1FL(P)
 2:30 Prize Bingo-AR(SO)

9:30 Therapy Dog Betty Visits-AR(E) **7**
 10:00 Shopping Trip To Big Lots-meet in L(V)
 10:30 Coffee Klatch-AR(I)
 1:30 Chair Challenge-AR(P)
 2:00 Cards for St. Jude's with Heritage Friends-AR(V)
 6:30 Puzzle Time-AR(I)

9:30 Coffee Klatch-AR(I) **8**
 10:30 Exercise-AR(P)
 11:00 Hymn Sing with Diane-AR(SP)
 1:30 Prize Bingo-AR(SO)
 3:15 Chocolate Tasting-AR(I)

9:30 Coffee Klatch-AR(I) **9**
 10:30 Chair Challenge-AR(P)
 11:00 March Puzzles-AR (I)
 1:30 Wii Games-AR(P)
 3:00 Junk Drawer Detective-AR (I)
 7:00 Lawrence Welk-1FL(SO)



9:30 Catholic Communion Service-AR (SP) **10**
 10:45 Church Service-AR(SP)
 1:30 Movie Matinee-AR(SO)
 6:00 Bible Study-AR(SP)



9:30 Coffee Klatch-AR(I) **11**
 10:30 Fitness with Mark-AR(P)
 11:00 Singalong with Heritage Singers-AR (SO)
 1:30 Prize Bingo-AR(SO)
 3:15 Everything Swiss Trivia-AR(I) AR(I)

9:30 Therapy Dog Grappa Visits-AR(E) **12**
 10:00 Coffee Klatch-AR(I)
 10:30 Craft: Butterfly Fuzzy Magnet-AR(E)
 1:30 Music Entertainment by Karl Hausman-AR(SO)
 3:00 Chair Challenge-AR (P)
 3:45 Picture It-AR(I)
 6:15 Movie Night with Pat-AR(SO)
 Happy Birthday Virginia!!

9:30 Coffee Klatch-AR(I) **13**
 10:30 Fitness with Mark-AR(P)
 11:00 Swiss Steak and Hobo Stew (A Short Story)-AR (I)
 1:15 Walking Club-meet in 1FL(P)
 2:30 Prize Bingo-AR(SO)

9:30 Therapy Dog Betty Visits-AR(E) **14**
 10:00 Coffee Klatch-AR(I)
 11:00 Cooking-Leprechaun Fluff-AR(E)
 1:30 Chair Challenge-AR(P)
 2:00 IDENTIFYING, PREVENTING, AND RESPONDING TO BULLYING-DR(I)
 6:30 Puzzle Time-AR(I)

9:30 Coffee Klatch-AR(I) **15**
 10:30 Exercise-AR(P)
 11:00 Rosary with Rodney-AR(SP)
 1:30 Prize Bingo-AR(SO)
 3:15 Jeopardy-AR(I)

9:30 Coffee Klatch-AR(I) **16**
 10:30 Chair Challenge-AR(P)
 11:00 Who am I?-AR(I)
 1:30 What am I?-AR(I)
 3:00 Truth or Blarney Trivia & Interesting Facts About Ireland-AR (I)
 7:00 Lawrence Welk-1FL(SO)

9:30 Catholic Communion Service-AR (SP) **17**
 10:45 Church Service-AR(SP)
 1:30 Movie Matinee-AR(SO)
 6:00 Bible Study-AR(SP)



9:30 Coffee Klatch-AR(I) **18**
 10:30 Fitness with Mark-AR(P)
 11:00 Swiss Army Knife—The Ultimate Tool-AR (I)
 1:30 Prize Bingo-AR(SO)
 3:15 Swiss Chocolate Mining-AR(I)

9:30 Therapy Dog Grappa Visits-AR(E) **19**
 10:00 Coffee Klatch-AR(I)
 10:30 Craft: Spring Ornaments-AR(E)
 1:30 Music Entertainment by Rob Ballenoff-AR(SO)
 3:00 Chair Challenge-AR (P)
 3:45 Random Trivia-AR(I)

9:30 Coffee Klatch-AR(I) **20**
 10:30 Fitness with Mark-AR(P)
 11:00 The Sounds of Switzerland-1FL(I)
 12:15 Resident Council-DR(V)
 1:15 Walking Club-meet in 1FL(P)
 2:30 Prize Bingo-AR(SO)



9:30 Therapy Dog Betty Visits-AR(E) **21**
 10:00 Shopping-Ollie's-meet in L(V)
 10:30 Coffee Klatch-AR(I)
 1:30 Chair Challenge-AR(P)
 2:00 Games with Heritage Friends-AR(H)
 3:30 TV FFA Pet Visits-AR(EN)
 6:30 Puzzle Time-AR(I)



9:30 Coffee Klatch-AR(I) **22**
 10:30 Exercise-AR(P)
 11:00 Hymn Sing with Diane-AR(SP)
 1:30 Prize Bingo-AR(SO)
 3:15 Armchair Travel: In Search of Heidi-AR (I)

9:30 Coffee Klatch-AR(I) **23**
 10:30 Chair Challenge-AR(P)
 11:00 Hand Massages-AR (H)
 1:30 March Birthday Party-AR (SO)
 2:30 Singalong-AR(E)
 7:00 Lawrence Welk-1FL(SO)

 Happy Birthday Joseph!

9:30 Catholic Communion Service-AR (SP) **24**
 10:45 Church Service-AR(SP)
 1:30 Movie Matinee-AR(SO)
 6:00 Bible Study-AR(SP)

9:30 Coffee Klatch-AR(I) **25**
 10:30 Fitness with Mark-AR(P)
 11:00 Balloon Toss-1FL(P)
 1:30 Prize Bingo-AR(SO)
 3:15 Pictionary-AR(I)

9:30 Therapy Dog Grappa Visits-AR(E) **26**
 10:00 Coffee Klatch-AR(I)
 10:30 Craft: Sucker Covers-AR(E)
 1:30 Music Entertainment by Bill Minnich-AR(SO)
 3:00 Chair Challenge-AR (P)
 3:45 Uno-AR(I)

9:30 Coffee Klatch-AR(I) **27**
 10:30 Fitness with Mark-AR(P)
 11:00 Paint By Number-AR(E)
 1:15 Scenic Drive with Treat Stop-meet in L(E)


9:30 Therapy Dog Betty Visits-AR(E) **28**
 10:00 Coffee Klatch-AR(I)
 10:30 Baking Oatmeal Coconut Cookies-AR(E)
 2:00 Manicures and Massages with Heritage Friends-AR(H)
 3:00 Spring Craft with Twin Valley FFA-AR(E)
 6:30 Puzzle Time-AR(I)

9:30 Coffee Klatch-AR(I) **29**
 10:30 Exercise-AR(P)
 11:00 Spring Poems-AR(E)
 1:30 Prize Bingo-AR(SO)
 3:15 Scattergories-AR(I)

9:30 Coffee Klatch-AR(I) **30**
 10:30 Chair Challenge-AR(P)
 11:00 Outdoor Chatter-O(EN)
 1:30 Welcome Social-AR(SO)
 3:00 Fishwrapper-AR(SO)
 7:00 Lawrence Welk-1FL(SO)

9:30 Catholic Communion Service-AR (SP) **31**
 10:45 Church Service-AR(SP)
 1:30 Movie Matinee-AR(SO)
 6:00 Bible Study-AR(SP)

Locations:
 AR- Activity Room, DR-Dining Room,
 L-Lobby, 1FL-First Floor Lounge, O-Outside



Dimensions of Wellness:
 SO-Social, P-Physical,
 I-Intellectual, E-Emotional, V-Vocational,
 SP-Spiritual-Health Services, EN-Environmental